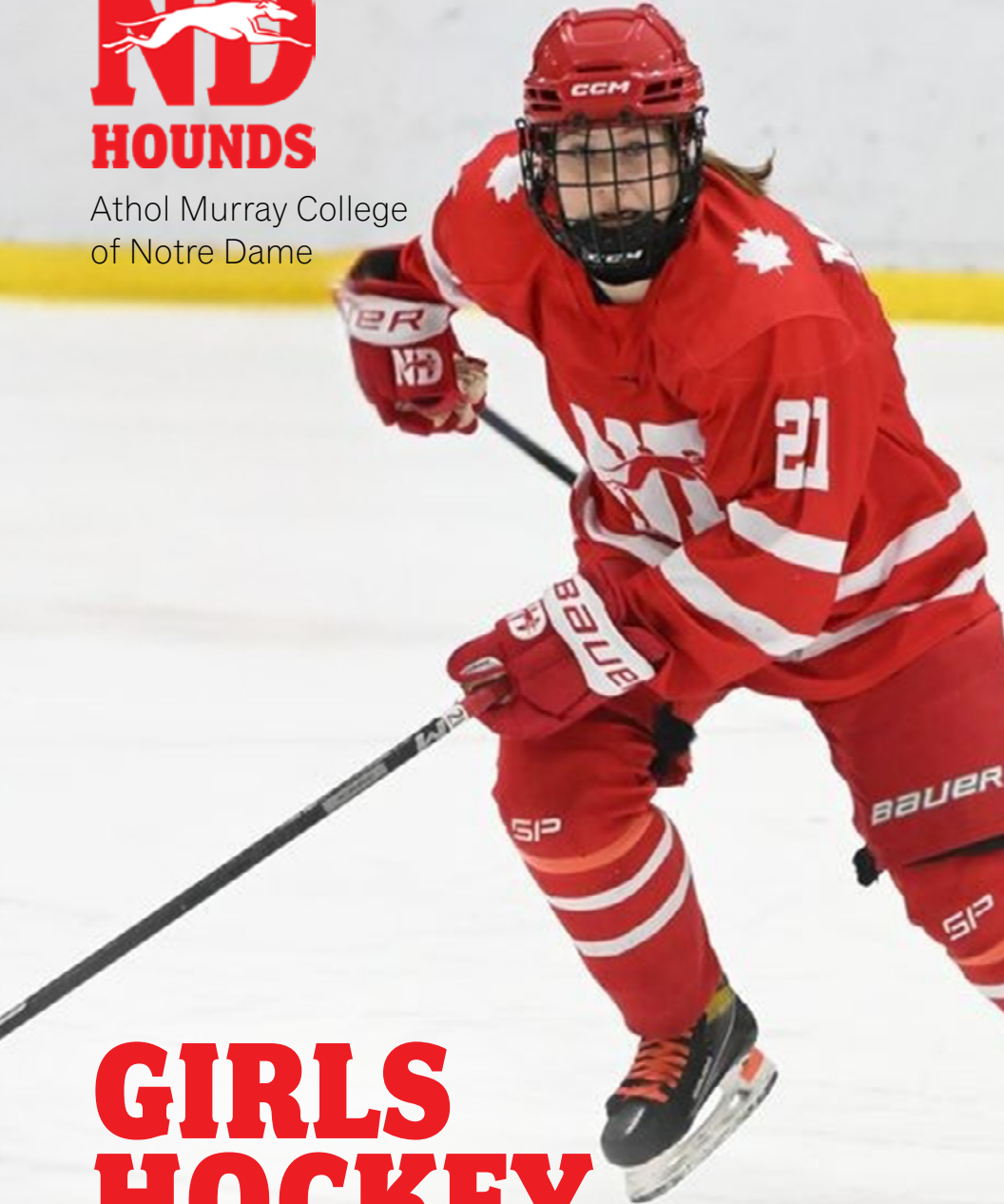




Athol Murray College
of Notre Dame



GIRLS HOCKEY

**“GOD, CANADA, HOCKEY –
NOT NECESSARILY IN THAT ORDER”**

PÈRE ATHOL MURRAY

**HOCKEY BRINGS
YOU TO NOTRE DAME.
A NOTRE DAME
EDUCATION PREPARES
YOU FOR THE REST
OF YOUR LIFE.**



HOCKEY WAS PÈRE'S PASSION, BUT EDUCATION WAS HIS PURPOSE

Père Athol Murray's vision for Notre Dame was forged on the principles of faith, hard work and the unwavering belief that education can transform lives and shape communities.



At Athol Murray College of Notre Dame, hockey is a powerful pathway, but our true purpose is developing disciplined, curious and capable young people who are prepared for opportunities both on and off the ice.

Recognized globally for our exceptional hockey development program, student athletes from across Canada, United States and internationally choose to attend Notre Dame because of the opportunity to earn a first-class education while playing the sport they love.

Our students are expected to carry a full academic workload and our commitment to academics ensures that Hounds are ready to not only meet today's expectations, but tomorrow's opportunities — prepared to navigate change, contribute meaningfully, and lead with integrity in whatever arena they choose.

THE GAME CONTINUES TO GROW

For more than 25 years, the Girls Hounds program has helped student-athletes sharpen their game and their leadership. U15, U18 and a new U19 team compete in strong leagues across Western Canada, backed by position-specific coaching, goalie training and strength and conditioning support.

More Pathways, More Opportunities

The pathway to post-secondary hockey continues to grow and expand for girls. Notre Dame's program creates opportunities for elite student-athletes pursuing post-secondary academics and hockey while developing leadership skills rooted in the college's rich tradition of character and community.

	Number of Teams	Scholarships Offered	Level of Hockey	Academic Quality
NCAA DI	45	Yes	Strong	Varies
NCAA DIII	79	Academic	Mid-Level	Strong
U Sports	38	Yes	Strong	Strong
ACHA	115+	Varies	Varies	Varies
ACAC	7	Yes	Mid-Level	Varies

“This is a special time for female hockey and for Athol Murray College of Notre Dame as it reflects the incredible growth happening throughout the game. Young athletes now have more visibility, more role models, and more opportunities than ever before, highlighted by the success of the PWHL and the global strength of the women's game. The depth of talent coming through programs like Notre Dame is helping to elevate sport to entirely new levels.”

– **Steve O'Rourke, Notre Dame Alumni and Head Coach of the Seattle Torrent of the PWHL.**



THERE ARE A LOT OF VERY GOOD
HOCKEY PROGRAMS, THERE ARE
VERY FEW THAT EFFECTIVELY
COMBINE HOCKEY AND EDUCATION,
**AND THERE IS ONLY
ONE NOTRE DAME.**

HOCKEY IS A DEFINING PART OF NOTRE DAME'S IDENTITY

Here we will prepare you to compete at the highest levels. We will give you the opportunity to grow, succeed and mature as a student athlete and as a person.

Our programs are structured in a unique manner that facilitates the development of fundamental life and academic skills, giving Hounds the best shot at opportunities beyond Notre Dame in the rink, in the classroom and in life.

THE NOTRE DAME DIFFERENCE

- 01 Holistic Development Approach:** Academics, Hockey, Leadership & Character
- 02 Daily Training & Ice Time** – builds habits of discipline, preparation, and resilience
- 03 Collegiate, National & PWHL Pipeline** – alumni have advanced to top NCAA and U SPORTS programs, to national teams and professional rosters
- 04 High-Demand/Competitive Culture** - builds resiliency, accountability, and confidence
- 05 Elite Coaching & Training Staff** – our coaches bring collegiate and international experience with a commitment to guiding and shaping our athletes
- 06 Mentorship Culture:** A Hound for Life – a community that supports life-long friendships and associations
- 07 High-Level Competition:** U15, U18 and U19 teams competing against top calibre talent in league, exhibition and showcase games
- 08 Hockey Canada Accreditation** – a commitment to elite standards and superior coaching

09 **World-class facilities** include a full-size Olympic ice surface, off-ice training facility, high-performance weight room, and athletic therapy

10 **Advanced Placement (AP)** pathway equips our students with the academic depth and challenge needed for competitive university programs

11 **Annual MAP Growth** assessments create learner profiles that guide targeted support, stretch strengths, and track progress over time

12 **Personalized University Guidance**, structured campus visits, and postgraduate support to navigate next steps with clarity and confidence

13 **Flexible Online Learning.** An asynchronous online learning option for Grades 11, 12, and Gap Year supports high-performance student-athletes without compromising academic quality

14 **Specialized Goalie Coaching & Development Program** designed to improve skills and enhance game performance

15 **The Athol Murray College of Notre Dame Diploma** recognizes students who meets high standards in academics, service leadership and co-curricular commitment

16 **Year-Round High-Performance Training** that includes strength and conditioning, mental coaching and nutrition education

17 **More than 90% of students and student athletes live on campus,** forming a community that quickly feels like family

18 **Notre Dame treats the physical, emotional and spiritual safety** of students as a core responsibility

19 **Hound's Legacy: God, Canada & Hockey** - rooted in values that endure beyond the rink

20 **Hounds Never Lose Heart** – they're coached to succeed both on and off the ice

**HOCKEY IS OUR
PASSION**

**EDUCATION IS OUR
PURPOSE**



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